Day by day trade review:

Jun 17: Return -4.2%

Lose 3384 HKD

Losses explained:

1430 bought HHIM5 @ the highs @ 13258, selling @ 13215, losing 43\*50 = 2150. (Should never chase high) (2016sep1-why would you trade this? The notional was 660k HKD, each 1% would be 6600 HKD, you couldn't even handle 30 bps of move. )

Sold MCHM5 @ 13004 and covered @ 13019, losing 150 HKD. (chase low) (You should do the opposite with smaller position)

**XU:**

904/1000

Buy @ open for no reason @ 13570, S @ 13507, losing 63 USD.

1046/1109

Sold @ 13405, covered @ 13522, losing 117 USD.

1416/1431

Chase high, B @13622, S @ 13690, making 68.

**Issues:**

Position too big, cannot withstand loss. Chasing high and lows, soon revert and position is losing.

2016Sep1:

Apparently you were chasing without understanding what you were doing. Chasing is not for beginners. It is doable, but most people don't get how to do it. In fact, it is the reason most people lose in futures trading, due to chasing what they see, it is already too late if you chase what you see. It requires knowledge on general return distribution, weekday, regularity conditions, previous day circumstances. Also, at this time, the equity in the account was 80k at the beginning and you lost about 30k HKD in the process of a few months. The reason for the loss was random chasing with no tolerance for loss. Trading like this would almost guarantee destruction of account.

20170502 review: 2015 was not a very easy year to trade. Intraday volatility was very high and it was literally market crash and hard to make money. In that kind of scenario, with my level of experience I was lucky to keep alive. 2016 was also difficult due to meltdown and so forth. Focus on pm trading is the key.